San Mateo County: Foster City Age-Friendly Community Task Force


Toward this end, the Center for Age-Friendly Excellence (CAFE) www.cfafe.org is working with the cities of San Mateo, Colma, and Foster City as the Phase II cities in San Mateo County. Part of the process is to organize a small task force in each city to help inform and guide the effort.

CAFE is seeking community leaders who have knowledge and care about the issues of older adults in each city. The task force members will meet about once a month for about 5 months to help CAFE staff identify representative older adult focus group members and help share the news about the age-friendly initiative in the community.

CAFE staff will: explain the project to all concerned, conduct the focus groups to determine unmet needs in the 8 domains of an age-friendly city; assist in developing recommended potential projects and services to address unmet needs; and offer a written report to the task force.

CAFE will assist the task force to fill out the on-line application to WHO (through their National Affiliate AARP, Regional Office in Santa Clara County) to become an age-friendly city.

Questions? Contact
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Overview of the Role of Community Task Forces

City and community task forces have four major roles:

- Spread the good news about the age-friendly cities initiative and assist CAFE
- Help select and organize participants for the focus groups
- Assist us with sorting out at least three projects to address unmet needs per the focus groups(s)
- Join us at the computer as we apply online on behalf of their city to have Foster City certified as an official member of the AARP - World Health Organization’s Network of Age Friendly Cities.
- Time Commitment for each TF Member during the initial 5-month planning stage:
  - Total of Five to Six Task Force meetings. Each Task Force meeting will be 1 to 1 ½ hours in length.
  - Approximately 1 to 2 hours (or less) of document review between meetings.
  - Email correspondence: variable.
  - Recruitment of focus group participants: Each task force member will be asked to recruit about 7 local Foster City residents age 55 and over to participate in focus group discussions. Total estimated approximate time: 3 hours.
  - Once the five-month planning stage is over, the Task Force will continue to meet monthly or, less often, as needed to assist with and guide implementation of inaugural Foster City Age Friendly Community Projects. CAFÉ will be available for consultation, as needed.

CAFE’s job is to support the task force’s efforts over the initial 5-month planning timeframe. The primary goal of our collective efforts at the end of this process is to select at least 3 inaugural age friendly projects that all of you, Foster City staff and others in your community will value, support and will want to implement over the next 1 to 2 years.

To sum up, your participation on the Task Force is important because the engagement of the community, in collaboration with local government city staff and officials, is vital for the success of any age friendly initiative.